

Hand and Foot Treatments

OPI GelColor Manicure	from £25.00
OPI GelColor Pedicure	from £42.00
Pedicure	£40.00
Foot soak, nail shaping, cuticle work, manual removal of dead skin, massage and polish. Please wear open toed sandals.	
Pedicure with Reflexology - 1½ Hrs	£58.00
Foot soak, nail shaping, cuticle work, manual removal of dead skin, reflexology massage and polish.	

Waxing

Half Leg (ankle to knee)	£21.00
3/4 Leg (ankle to above knee)	£27.00
Full Leg (ankle to thigh)	£36.00
Bikini: Basic £14.00 High Leg £18.00 Brazilian	£25.00
Full Leg and Bik Line	£44.00 +HL £47.00 +BZ
Underarm	£13.00
Upper Lip or chin	£14.00
Eyebrows	£14.00

Bleaching, Eyelash and Eyebrow Treatments

A patch test is essential at least 24 hours prior to your first treatment. An organic dye is used for tinting.

Upper Lip Bleaching	£15.00
LVL Lash Lifting	£35.00 with tint
Eyelash Tint	£20.00
Eyebrow Tint	£12.00
Eyelash and Eyebrow Tint	£28.00
Eyebrow Tidy	£12.00 Reshape
	£15.00

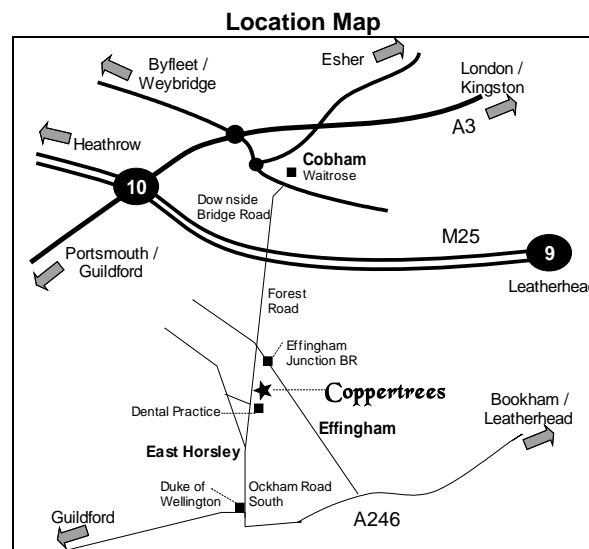
Ear Piercing

Using the sterile Studex disposable cartridge system approved by the Local Health Authority. Free studs and after care lotion supplied.

£30.00

General Information

Gift Vouchers are available for all treatments. Skincare products and Treatment Courses may also be purchased.



Terms and Conditions of Business

Appointments : Treatments and consultations are by appointment only. For this reason personal callers without an appointment are discouraged. Please arrive on time for your appointment and no earlier than 5 minutes before. Unless being treated, **please do not bring children** with you in order to comply with health and safety regulations.

Cancellation of Appointments : A minimum of 24 hours notice is required to cancel an appointment or a 50% charge will be made. However, to cancel a Monday appointment please remember to telephone me no later than Saturday. Missed appointments will be charged for in full.

Business Hours 9.00-7.00pm Mon/Wed/Thurs, Tues til 9.00 pm, Fri & Sat by arrangement. While I am working, an answering machine is in operation. You may leave a message between 8 am and 8 pm, Monday to Saturday.

Methods of Payment : Cash or cheque (for treatment bills over £20).



Frances O'Reilly

MIFA MAR MBABTAC
Licensed Practitioner

**AROMATHERAPIST
REFLEXOLOGIST
and
SKIN CARE THERAPIST**

GUINOT
INSTITUT • PARIS

ST.TROPEZ

O·P·I
GelColor

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Treatments by Appointment

Prices effective until 30th June 2018

Guinot Facials



Hydradermie ² Facial	£57.00
The best machine-based deep cleansing and hydrating facial.	
Hydradermie ² Age Logic	£68.00
The star 3-in-1 anti-ageing treatment for face, eyes and neck. Clinically proven to improve wrinkle depth.	
Hydradermie ² Lift	£54.00
An instant lifting treatment which stimulates the muscles and lifts the facial features.	

Hydradermie² Lift Express £42.00
For those in a hurry and needing quick results!

Eye Logic £45.00
Instant eye repair targeting signs of ageing and tiredness including fine lines and wrinkles, puffiness and dark circles.

Aromatic Facial £52.00
A bespoke holistic treatment using customised plant extracts and essential oils to restore radiance. All skin types.

Liftosome Lifting Facial £56.00
A fabulous lifting and firming facial using collagen and high concentration Vitamins.
Ideal for mature skin or before a special occasion.

Younger Clients

Teenage Facial £32.00
A deep cleansing, regulating treatment for teenage skin. Advice will be given on skin care.

Eyebrow Shaping £7.00

Waxing ½ leg £14.00 full leg £27.00
A gentle honey wax is used. Aftercare advice will be given.

Ear Piercing £30.00
Using the sterile Studex disposable cartridge system approved by the Local Health Authority. Free studs and after care lotion supplied.

Reflexology £30.00

Coppertrees Facials

Facial Peel £41.00
A clinical facial treatment which exfoliates the skin and leaves it looking smoother and brighter. Ideal for sun damaged, acne/problem skin or skin needing a boost.

Advanced Facial Peel £61.00
This treatment combines a Galvanic current with a facial peel for outstanding results.

Prescription Facial Treatment £54.00
A superb facial tailored to your specific requirements by layering and combining facial technologies and products. All skin types.

Aromatherapy Facial £54.00
A wonderful rehydrating facial using essential oils and herbal infusions. Ideal for mature, dry or sensitive skin.

Rejuve Facial Lifting £44.00
A 'fingertip facelift' that involves a unique, gentle massage technique. It gently releases tension giving a fresher appearance to your looks. Experience it for pure relaxation and rejuvenation.

Oriental Acupressure Facial £44.00
Based on the Chinese Meridian system this treatment works on the face and head to encourage relaxation and wellbeing. Ideal for sensitive skin and rosacea.

Deep Cleansing Steam Facial £49.00
Cleanse, gentle exfoliation, steam, extraction, massage and mask. Oily/combo skins.

Advanced Cosmetic Procedures

For the removal of minor skin disorders and blemishes

Thread Veins (Telangiectasia) - 15 mins £55.00

Milia (whiteheads), Skin Tags or Campbell de Morgan (blood) spots
Each £22.00 Several (15 mins) £55.00

Electrolysis

A progressive method of permanent hair removal. Sterile disposable needles are used for each client.

First treatment - 20 mins £29.00
(including patch test and consultation)
Thereafter 15 mins hands-on treatment £18.50

Holistic Therapies

Clinical Aromatherapy
The use of pure essential oils to promote positive health. High quality essential oils are specially blended.

Treatments are tailored to suit individual clients' needs and may include lymphatic drainage and pregnancy massage. Advice will be given on suitable oils for pregnancy and birth.

1½ Hours Treatment (including relaxation) £56.00

Reflexology £48.00
A holistic treatment which involves massage and pressure techniques on the reflex areas of the feet.

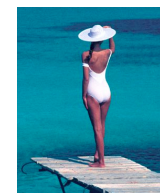
Indian Head Massage £40.00
A wonderfully relaxing treatment of the shoulders, arms, neck and scalp.

Body Treatments

Stress Therapy Massage - 30 mins £34.00
A remedial massage to reduce tension in the spine, upper back, shoulders and scalp.

Guinot Tip-Top Spa Treatment - 1½ Hrs £54.00
A luxurious body treatment. Exfoliation and full body massage using different products for specific areas.

Deep Exfoliating Back Treatment - 30 mins £36.00
The back is cleansed followed by exfoliation, steam, extraction and mask.



Tanning

St Tropez Self-Tanning Treatment - 1½ Hrs £48.00
Exfoliation and application of a safe and effective tan.