

## Hand and Foot Treatments

Paraffin Wax - Hands or Joints £25.00  
A warm mineral wax as used in hospitals. Beneficial for painful/stiff joints, arthritis, eczema and psoriasis.

Pedicure £34.00  
Foot soak, nail shaping, cuticle work, manual removal of dead skin, massage and polish. Please wear open toed sandals.

Pedicure with Reflexology - 1½ Hrs £49.00  
Foot soak, nail shaping, cuticle work, manual removal of dead skin, reflexology massage and polish.

## Waxing

Half Leg (ankle to knee) £16.50  
3/4 Leg (ankle to above knee) £21.50  
Full Leg (ankle to thigh) £31.00  
Bikini: Basic £12.00 High Leg £15.00 Brazilian £21.50  
Full Leg and Bik Line £37.50 +HL £41.50 +BZ £47.00  
Underarm £12.00  
Upper Lip or chin £12.00  
Eyebrows £12.50

## Bleaching, Eyelash and Eyebrow Treatments

A patch test is essential at least 24 hours prior to your first treatment. An organic dye is used for tinting.

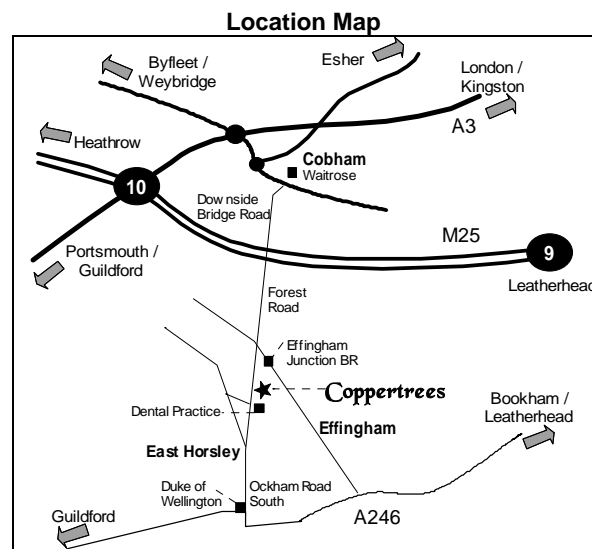
Upper Lip Bleaching £14.00  
Eyelash Perming £29.00  
Eyelash Tint £16.50  
Eyebrow Tint £10.00  
Eyelash and Eyebrow Tint £24.50  
Eyebrow Tidy £ 9.00 Reshape £12.50

## Ear Piercing

Using the sterile Studex disposable cartridge system approved by the Local Health Authority. Free studs and after care lotion supplied. £30.00

## General Information

Gift Vouchers are available for all treatments. Skincare products and Treatment Courses may also be purchased.



### Terms and Conditions of Business

**Appointments** : Treatments and consultations are by appointment only. For this reason personal callers without an appointment are discouraged. Please arrive on time for your appointment and no earlier than 5 minutes before. Unless being treated, **please do not bring children** with you in order to comply with health and safety regulations.

**Cancellation of Appointments** : A minimum of 24 hours notice is required to cancel an appointment or a 50% charge will be made. However, to cancel a Monday appointment please remember to telephone me no later than Saturday. Missed appointments will be charged for in full.

**Business Hours** 9.00-6.30pm Mon/Wed/Thurs, Tues til 8.30 pm, Fri & Sat by arrangement. While I am working, an answering machine is in operation. You may leave a message between 8 am and 8 pm, Monday to Saturday.

**Methods of Payment** : Cash or cheque (for treatment bills over £20).



**Frances O'Reilly**

MIFA MAR MBABTAC  
Licensed Practitioner

**AROMATHERAPIST  
REFLEXOLOGIST  
and  
SKIN CARE THERAPIST**

**GUINOT**  
INSTITUT • PARIS

**md formulations®**  
science innovation beauty

**ST.TROPEZ®**

**'Coppertrees'  
Forest Road  
Effingham Jct  
SURREY  
KT24 5HE**

**Tel 01483 281632**

**www.coppertrees.com**

Treatments by Appointment

Prices effective until 30th June 2011

## Guinot Facials



GUINOT  
INSTITUTE PARIS

Guinot products may be purchased for home use.

**Hydradermie Facial** £47.50  
The best machine-based deep cleansing facial. It also hydrates the skin and helps reduce wrinkle depth. All skin types.

**Hydra Plus Facial** £67.00  
A luxurious three-in-one treatment for the face, eyes and neck. It includes the innovative Serenity Massage of the neck, shoulders, décolleté, arms and hands.

**Liftosome Lifting Facial** £46.00  
A fabulous lifting and firming facial using collagen and high concentration Vitamins. Ideal for mature skin or before a special occasion.

## Coppertrees Facials

**Prescription Facial Treatment** £45.00  
A superb facial tailored to your specific requirements by layering and combining facial technologies and products. All skin types.

**Aromatherapy Facial** £45.00  
A wonderful rehydrating facial using essential oils and herbal infusions. Ideal for mature, dry or sensitive skin.

**Rejuve Facial Lifting** £36.00  
A 'fingertip facelift' that involves a unique, gentle massage technique. It gently releases tension giving a fresher appearance to your looks. Experience it for pure relaxation and rejuvenation.

**Oriental Acupressure Facial** £36.00  
Based on the Chinese Meridian system this treatment works on the face and head to encourage relaxation and wellbeing. Ideal for sensitive skin and rosacea.

**Deep Cleansing Steam Facial** £41.00  
Cleanse, gentle exfoliation, steam with ozone, extraction, massage and mask. Oily/combination skins.

**Teenage Facial** £29.00  
A deep cleansing, regulating treatment for teenage skin. Advice will be given on skin care.

## Specialised Skin Care Treatments

**MD Formulations Facial Peel** £32.00  
A clinical facial treatment which exfoliates the skin and leaves it looking smoother, firmer, younger and brighter. Ideal for sun damaged, acne/problem skin or normal skin that needs a boost.

**Advanced MD Formulations Medical Peel** £50.00  
This treatment combines a Galvanic current with the MD Formulations Glycolic peel for outstanding results.



**Microdermabrasion (SMART Peel) Facial** £45.00

A gentle but effective treatment using microdermabrasion to refine the appearance of the skin. Also includes acupressure

massage and light therapy to stimulate collagen. An anti-ageing treatment and also excellent for problem skins.

## Advanced Cosmetic Procedures

For the removal of minor skin disorders and blemishes

**Thread Veins (Telangiectasia) - 15 mins** £39.00

**Milia (whiteheads), Skin Tags or Campbell de Morgan (blood) spots**  
Each £17.50 Several (15 mins) £39.00

## Electrolysis

A progressive method of permanent hair removal. Sterile disposable needles are used for each client.

**First treatment - 20 mins** £25.00  
(including patch test and consultation)  
**Thereafter 15 mins hands-on treatment** £15.00

## Nutrition for Healthy Living

**1½ Hour consultation which includes dietary advice and a food plan that can easily be incorporated into your daily life.** £ 75.00

## Holistic Therapies

**Clinical Aromatherapy**  
The use of pure essential oils to promote positive health, restore balance, reduce stress and revitalise. High quality essential oils are specially blended for your requirements.

Treatments are tailored to suit individual clients' needs and may include lymphatic drainage. Pregnant ladies may also be treated and advice will be given on suitable oils for the pregnancy and birth.

**1½ Hours Treatment (including rest time)** £47.50

**Reflexology** £41.00  
A holistic treatment which involves massage and pressure techniques on the reflex areas of the feet.

**Indian Head Massage** £34.00  
A wonderfully relaxing treatment of the shoulders, arms, neck and scalp.

## Body Treatments

**Stress Therapy Massage - 30 mins** £31.00  
A remedial massage to reduce tension in the spine, upper back, shoulders and scalp.

**Guinot Tip-Top Spa Treatment - 1½ Hrs** £45.00  
A luxurious body treatment. Gentle exfoliation of the body is followed by a full body massage using different products for specific areas and problems.

**Deep Exfoliating Back Treatment - 30 mins** £31.00  
This treatment freshens, invigorates and deeply cleanses the back leaving the skin clearer, softer and brighter. The back is cleansed followed by exfoliation, steam, extraction and mask.



## Tanning

**St Tropez Self-Tanning Treatment - 1½ Hrs** £42.00  
Includes exfoliation and the application of a safe and effective tan.

Shorter treatment also available.